



# Twin your fridge to help beat extreme hunger

More than 40 million people will struggle to put any food on the table today.

Dalila and her family are Syrian refugees in Lebanon. They can't find any work because of the pandemic, and have run up huge debts to keep paying rent on their one-bedroom flat. Food vouchers from our partner are a lifeline.

**'We couldn't live without the vouchers. Food is so expensive now. At least we have lentils, rice and bulgur wheat.'**



## BEANS AND RICE

Your twinned fridge will provide emergency supplies of beans, rice and other basics. This vital food aid is a lifeline for vulnerable families who need your help now.



## FOOD VOUCHERS

Your twinned fridge will give families vouchers and cash grants to buy food. This means children won't go hungry and can concentrate in school.



## SMALL BUSINESS SUPPORT

Your twinned fridge will enable families to start a small business. This could be growing crops, fishing, rearing animals or another enterprise.

## HOW IT WORKS



For £30, twin your fridge to help provide emergency food parcels and livelihoods support.



You'll receive a magnet set to display on your fridge.



Bring hope: beat the hunger crisis.

# Twin your fridge



on our websites  
[appeals.toilettwinning.org](http://appeals.toilettwinning.org)



by phone  
0300 321 3217



by post  
Please use this form

I would like to **twin**  Fridges at **£30** each

£

Please consider making a donation of **£4** to cover UK postage and packing

£

I would like to make an additional donation

£

Please accept my **TOTAL** donation of

£

I enclose a cheque (payable to **Toilet Twinning**)

I enclose a CAF voucher

**To be able to send your Twinning order and claim Gift Aid, we need your full address and postcode.**

**PLEASE COMPLETE THE FORM IN BLOCK CAPITALS.**

Title:  First name:  Surname:

Home address:

Postcode:

Please tick here if you'd rather **not** hear from us by **post** after receiving your certificate

**So we can contact you about your order, please provide:**

Daytime Tel:

Delivery name and address **if different from above:**

Postcode:

Please tick here to receive stories and updates on email

Email:

**You can make your donation worth 25% more**

**Please make sure we have your home address to make your Gift Aid Declaration valid.**

*giftaid it*

I want to Gift Aid my donation to Toilet Twinning, any donations that I made in the last four years, or from    and all donations I make in the future. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Tearfund will claim 25p for each £1 you give on Toilet Twinning's behalf.

Signature:

Date:

*Please contact the Twinning team if you need to cancel this declaration, change your name or home address or no longer pay sufficient tax on your Income and/or Capital Gains. The tax reclaimed will be used to help fund Tearfund's water and sanitation work, its environmental and economic sustainability work, and its food and livelihoods programme.*



Please return this form to:

**Toilet Twinning, 1052-1054 Christchurch Road, Bournemouth, Dorset BH7 6DS**

**Your privacy.** We promise never to pass your details on to another organisation for marketing purposes. We will store your personal data securely and use your information to provide what you have asked us to and communicate with you in the ways we usually do. If you want to find out more, take a look at our full privacy policy online at [www.toilettwinning.org/privacy-policy](http://www.toilettwinning.org/privacy-policy)

These campaigns are part of Tearfund, Registered Charity Number 265464 (England and Wales) and SC037624 (Scotland).

